

**Deborah J. White, MD**

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**EDUCATION**

**Fellowship**

Plastic Surgery

1995-1996

**Breast Reconstruction/ Aesthetic Surgery, Nashville, TN**

G. Patrick Maxwell, MD

Jack Fisher, MD

Joseph DeLozier, MD

**Residency**

Plastic Surgery

1993 - 1995

**University of New Mexico, Albuquerque, NM**

Program Director: James Nachbar, MD

**Fellowship**

Plastic Surgery

1992 - 1993

**Maricopa Medical Center, Phoenix, AZ**

Program Director: Rick Weimer, MD

**Residency**

General Surgery

1990 - 1992

**Maricopa Medical Center**

Program Director: James Malone, MD

Including 6 months of acute Burn experience, with 4 of these months as Chief of the Regional Burn Center.

**Internship**

1989 - 1990

**Maricopa Medical Center**

Program Director: James Malone, MD

**Medical School**

1985 - 1989

**University of Arizona, Tucson, AZ**

MD 1989

**Undergraduate**

1981 - 1985

**Harvard College, Cambridge, MA**

BA Biology 1985

-Dean's List x 7 semesters

-4-year National Merit Scholarship

**High School**

1977-1981

**Amphitheater High School, Tucson, AZ**

-Valedictorian (Class of approximately 500)

**Board Certification:**

Board Certified in Plastic and Reconstructive Surgery

American Board of Plastic Surgery

**Medical licenses:**

State of Arizona. License number: 21072

**DEA Registration:**

Arizona

Practice: In solo practice since 1996

**Hospital Affiliations:** HonorHealth Scottsdale Shea *Courtesy Staff*  
HonorHealth Scottsdale Osborn *Courtesy Staff*

**Membership in Professional Organizations:**

**Past President:** Arizona Society of Plastic Surgeons 2014-2015  
**Past Treasurer:** Arizona Society of Plastic Surgeons 2013-2014  
**Past President:** Rocky Mountain Society of Plastic and Reconstructive Surgeons, 2001-2002  
**Past Treasurer:** Rocky Mountain Society of Plastic and Reconstructive Surgeons  
**Past Secretary:** Maricopa County Plastic Surgeons Society  
Member: Maricopa Medical Society  
Member: American Society of Aesthetic Plastic Surgeons/The Aesthetic Society  
Member: American Society of Plastic Surgeons  
Member: AZ Society of Plastic Surgeons

**PUBLICATIONS:**

White DJ, Maxwell GP: **Breast Reduction**. In Weinzweig J, editor: *Plastic Surgery Secrets (Second edition)*. Mosby, 2010.

White DJ, Baack BR, et al. **Aplicacoes Clinicas da Tecnica do Pediculo Central para Reducao da Mama**. In Ribeiro RC, Saltz R, editors: *Cirurgia Da Mamma. Rio de Janeiro, RJ: Revinter*, 2001.

White DJ, Maxwell GP: **Breast Reduction**. In Achauer BM, Eriksson E, Guyuron B, et al, editors: *Plastic Surgery: Indications, Operations, Outcomes*. Philadelphia: Mosby-Year Book, 2000

White DJ, Maxwell GP: **Breast Reduction**. In Weinzweig J, editor: *Plastic Surgery Secrets*. Philadelphia: Hanley & Belfus, 1999.

White DJ. **UAL Basic Science/Physics**. In PSEF UAL *Regional Workshop Syllabus*. 1997.

Guest Editors: Maxwell GP, White DJ: *Operative Techniques in Plastic and Reconstructive Surgery: Breast Reduction*. Vol 3. No 3. August 1996.

White DJ, Baack BR, et al. **Clinical Applications of the Central Pedicle Technique of Breast Reduction**. *Operative Techniques in Plastic and Reconstructive Surgery*. Vol 3. No 3. August 1996.

Maxwell GP, White DJ. **Breast Reduction With Ultrasonic-Assisted Liposuction**. *Operative Techniques in Plastic and Reconstructive Surgery*. Vol 3. No 3. August 1996.

Maxwell GP, White DJ. **Inferior Pedicle Technique of Breast Reduction**. *Operative Techniques in Plastic and Reconstructive Surgery*. Vol 3. No 3. August 1996.

Baack BR, Anson G, Nachbar J, White DJ. **Umblicoplasty: The Construction of a New Umbilicus and Correction of Umbilical Stenosis Without External Scars**. *Plastic and Reconstructive Surgery*. 97:227, Jan 1996.

White DJ, Schnur PL. **Striae Distensae Following Augmentation Mammoplasty**. *Annals of Plastic Surgery*. 34:16, Jan 1995.

**APPOINTMENTS:** National/Regional Instructor for Ultrasound-Assisted Liposuction.  
Former Technical Editor for the *Aesthetic Surgery Journal*

**FOREIGN MISSIONS:** Healing the Children - cleft lip/palate and burn surgery  
Pereira, Columbia - February 1995

**PRESENTATIONS:**

Lecture: **“Extended Brachioplasties”**  
WPS Enrichment Retreat  
Jan 29, 2021

Podcast: **“Covid 19 and Plastic Surgery”**  
The Arizona Physician Podcast  
Jan 1, 2021

Lecture: **“Corner Lip Lift”**  
Georgia Society of Plastic Surgeons 2020 Scientific Meeting  
Aug 7-9, 2020

Lecture: **“The Corner Lip Lift”**  
WPS Enrichment Retreat  
Feb 7, 2020

**“Current Options in Breast Augmentation”**  
ABC 15 Sonoran Living 2019

“Trends in Beauty for Women over 50”  
Radio Show: Beauty Inside Out  
Jul 24, 2019

Paper: **“When the Board Comes Calling”**  
Arizona Society of Plastic Surgeons Annual Scientific Meeting  
May 12, 2018

Moderator: Panel: Plastic Surgery After Massive Weight Loss  
Lecture: **“Artistic Treatment of Excess Skin After Massive Weight Loss”**  
Arizona Society of Plastic Surgeons Annual Meeting  
May 13, 2017

Lecture: **“How Implant Shape Affects Breast Appearance in Vivo”**  
Arizona Society of Plastic Surgeons Annual Meeting  
May 13, 2017

**Aesthetic Surgery After Weight Loss**  
Scottsdale Bariatric Center Lecture Series  
Scottsdale, AZ November 3, 2003

**Lower Body Lifts and Related Procedures**  
Virginia Piper Outpatient Surgery Center  
Scottsdale, AZ September 15, 2003

**Life After Breast Cancer Lecture Series.**  
Arizona Institute for Breast Health  
Scottsdale, AZ. May 2, 2000

Lecture: **Reconstruction Pros and Cons**

Rocky Mountain Society of Plastic & Reconstructive Surgeons Annual Meeting  
Princeville, Kauai. February 16, 2000  
Presentation: **Experience with The SPAIR reduction/mastopexy technique.**

Third International Ultrasonic Lipoplasty Symposium (Faculty Member)  
Santa Fe, New Mexico. August 30-31, 1998  
Lecture: **Seromas: Prevention and Treatment**  
Panel: **Post Operative Care Following UAL**  
Panel: **Caveats and Avoidance of Pitfalls**

**Course Instructor: "Ultrasound-Assisted Liposuction"**  
**Presentation: "UAL and Excisional Surgery"**  
XXIX National Congress of Plastic Surgery (AMCPER '98)  
May 22, 23, 1998. Cancun, Mexico

**Medical/Surgical Grand Rounds.**  
"Recent Developments in Body Contouring Surgery"  
May 8<sup>th</sup>, 1998, Scottsdale Healthcare Shea

**Moderator: UAL Panel**  
Rocky Mountain Association of Plastic and Reconstructive Surgeons.  
Twenty-ninth Annual Scientific Meeting  
February 14-20, 1998. Cabo San Lucas, Mexico

**Course Instructor: "Ultrasound-Assisted Liposuction"**  
Canadian Plastic Surgical Society Annual Conference  
September 4, 1997. British Columbia, Canada

**Course Instructor. "Ultrasound-Assisted Liposuction International Instructional Course"**  
Australasian Society of Aesthetic Plastic Surgery Annual Conference  
July 6-10, 1997. Queenstown, New Zealand.

**Faculty Member/ Lab Instructor. UAL Regional Courses.**  
October 22, 1999 New Orleans, LA  
June 25, 1999 San Francisco, CA  
October 2, 1998 Boston, MA  
February 28, 1998 Park City, UT  
May 2, 1997 New York, NY  
March 15, 1997 New York, NY  
January 23, 1997 La Jolla, CA

**"Autologous Reconstruction of the Breast by Pedicle TRAM Flap"**  
Panel: "Breast Reconstruction I"  
Rocky Mountain Association of Plastic and Reconstructive Surgeons  
Annual Scientific Meeting  
Feb 8-15, 1997 Durango, CO

Mary Gingrass, MD, Deborah White, MD (Course Instructors)  
Annual Meeting of the American Society of Plastic and Reconstructive Surgeons  
Dallas, TX November 9 - 11, 1996  
Course: **"Ultrasound-Assisted Body Contouring"**

First International Ultrasonic Lipoplasty Symposium. (Faculty Member)  
Algarve, Portugal. November 29, 1995  
Lecture: **“Ultrasonic-Assisted Lipoplasty in the USA”**

First International Ultrasonic Lipoplasty Symposium (Faculty Member)  
Algarve, Portugal. December 1, 1995.  
Lecture: **“UAL in Surgery of the Breast”**

First International Ultrasonic Lipoplasty Symposium. (Faculty Member)  
Algarve, Portugal. November 30, 1995.  
**Live Surgical Demonstration of UAL Techniques.**

Hand-On Practical Skills Workshop  
Nashville, TN. July 20 - 22, 1995  
Faculty Member  
**Suturing Techniques Workshop for the Primary Caregiver.**

#### **TELEVISION APPEARANCES:**

**ABC 15 2019 Sonoran Living.**  
***Current Options in Breast Augmentation***

**The Learning Channel. Fall 2002**  
***A Personal Story.*** Half hour episode on breast reduction surgery with a small scar.

**The Learning Channel. October/December 2001 (ongoing)**  
***A Personal Story.*** “Going Sleeveless” (Half-hour show on Brachioplasties).

11/19/01 FOX Channel 10 News. **Breast Augmentation Surgery**

5/21/01 FOX Channel 10 News. **Fat Transfer for Lip Augmentation.**

1/4/01 KTVK Channel 3 News. **Breast Implants.**

5/25/99 KSAZ Channel 10 News. **Varicose Veins.**

3/4/99 KSAZ Channel 10 News. **Stretch Marks.**

11/19/97 KNXV Channel 15 News. **Dangers of Liposuction.**

1/7/97 KTVK Channel 3 News. **Ultrasound-Assisted Liposuction.**

10/30/96 KNXV Channel 15 News. **Ultrasound-Assisted Liposuction.**