



**Deborah J. White, MD PC**  
Aesthetic & Reconstructive Surgery

**BREAST REDUCTION QUESTIONNAIRE**

1. At what age did you first begin to note rapid breast enlargement? \_\_\_\_\_
2. Has your body weight been stable, within +/- 10 lbs during the past year? Yes  No
3. Are your breasts presently at the largest size they have ever been? Yes  No
4. Have you had any chronic or recurrent back pain or discomfort? Yes  No
5. Have you any chronic or recurrent neck pain or discomfort? Yes  No
6. Has any physician told you that your back or neck strain is directly related to your large breasts? Yes  No   
If yes, please give the name of the physician:  
\_\_\_\_\_
7. Do you have any functional limitations in daily activities because of your large breasts? Yes  No   
If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. Because of your large breasts, do you have any inabilities to exercise properly? Yes  No   
If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
9. Have you had any problems with recurrent headaches? Yes  No   
If yes, have you been told by a neurologist or other physician that they may be caused by your large breasts? Yes  No   
If yes, please give the name of the physician:  
\_\_\_\_\_
10. Do you have shoulder pain where the bra strap crosses the shoulder? Yes  No
11. Do you have furrows (depressions) in the shoulder region where your bra straps cross the shoulder? Yes  No
12. Do you have the constant sensation of a heavy anterior chest wall and uncomfortable breasts? Yes  No
13. Have you noted numbness of the little finger of your hand? Yes  No
14. Have you experienced any pain radiating down the back of the arm to the elbow region? Yes  No